## DEPARTMENT OF HEALTH AND SENIOR SERVICES. CHRONIC DISEEASE PREVENTION AND HEALTH PROMOTION

## from Missouri County-level Study

## 2003 Health and Preventive Practices Status Report



MISSOUR

| _  | County<br>Prevalence<br>(%)* | K.C. Metro<br>Region Prevalence<br>(%)* | State<br>Prevaler<br>(%)* |
|--|------------------------------|---|---------------------------|
| G <sub>eneral</sub>                                |                              |   |                           |
| Health Status (Fair or Poor)                       | 16.5                         | 15.2                                    | 16.9                      |
| No Health Coverage                                 | 13.1                         | 10.8                                    | 12.8                      |
| Behavioral Risk Factors                            |                              |   |                           |
| Physical Inactivity                                | 29.0                         | 26.7                                    | 24.0                      |
| Current Smoker                                     | 26.0                         | 24.6                                    | 26.4                      |
| Overweight (BMI 25-29.9)                           | 37.9                         | 35.6                                    | 35.3                      |
| Obese (BMI ≥ 30)                                   | 25.3                         | 27.4                                    | 23.4                      |
| Disease and Conditions                             |                              |   |                           |
| High Blood Pressure                                | 30.3                         | 28.9                                    | 28.9                      |
| High Cholesterol (35 years or older)               | 48.6 H                       | 43.6 H                                  | 37.1                      |
| Asthma   | 12.9                         | 12.6                                    | 10.8                      |
| Diabetes   | 8.1                          | 7.5                                     | 7.2                       |
| Activity Limitation                                | 19.8                         | 18.2                                    | 17.9                      |
| Cancer Screening                                   |                              |   |                           |
| Women  |                              |   |                           |
| Never had a Mammogram                              | 9.2                          | 13.0                                    | 13.4                      |
| No Mammogram or Clinical Breast Exam in Last Year: |                              |   |                           |
| 40-49 years of age                                 | 38.9                         | 48.0                                    | 49.4                      |
| 50-64 years of age                                 | 45.2                         | 40.4                                    | 35.9                      |
| 65 and older                                       | 42.7                         | 43.7                                    | 47.4                      |
| Never had a Pap Test:                              |                              |   |                           |
| 18-69 years of age                                 | 3.3                          | 3.3                                     | 5.1                       |
| 70 and older                                       | 2.0                          | 3.1                                     | 6.4                       |
| No Pap Test in Last Year (18-29)                   | 24.8                         | 23.5                                    | 25.8                      |
| No Pap Test in Last 3 Years (30-69)                | 6.6                          | 9.1                                     | 13.8                      |
| Men and Women 50 Years or Older                    |                              |   |                           |
| Blood Stool Test:                                  |                              |   |                           |
| Never had a Blood Stool Test                       | 42.1 L                       | 46.2 L                                  | 57.0                      |
| No Blood Stool Test in Last Year                   | 71.1                         | 72.0                                    | 77.5                      |
| Sigmoidoscopy/Colonoscopy                          |                              |   |                           |
| Never had a Sigmoidoscopy or Colonoscopy           | 37.3 L                       | 40.8                                    | 49.2                      |
| No Sigmoidoscopy or Colonoscopy in Past Five Years | 44.9 L                       | 48.8                                    | 57.0                      |

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

- indicates that the prevalence rate is not significantly above or below state prevalence
- indicates that the prevalence rate is significantly above the state prevalence
- indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older